

PAGE 1

TEACHER GUIDE

In a Universe Where You Can Be Anything, Be a Black Hole of Good!

A Classroom Guide to Kindness, Emotional Strength, and the Wonder of Space

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The Little Quantum Universe Series
ChaseEnergy Kids Press

Best suited for:

Pre-K through Grade 2
Approximately ages 4–8

Inside This Guide

- Classroom learning goals
- Read-aloud discussion prompts
- A kindness and community activity
- A child-friendly science explanation
- Literacy, science, art, and social-emotional extensions

Every child has goodness inside them.

Sometimes it sparkles brightly.
Sometimes it grows quietly.

This guide helps students explore how even the smallest acts of kindness can create meaningful change.

PAGE 2

ABOUT THE STORY

In a Universe Where You Can Be Anything, Be a Black Hole of Good! introduces children to a tiny speck who discovers that being powerful does not always mean being the brightest object in the sky.

The speck's quiet gravity becomes a symbol for kindness, emotional strength, and the way our actions can draw people together.

Through a gentle cosmic adventure, students are invited to consider an important idea:

You do not have to be the loudest or brightest person in the room to make a difference.

Recommended Grade Levels

Pre-K, Kindergarten, Grade 1, and Grade 2

Suggested Reading Time

20–30 minutes, including discussion

Core Themes

- Kindness
- Self-worth
- Emotional strength
- Empathy
- Belonging
- Transformation
- Community
- Positive influence

Learning Goals

After reading the story, students should be able to:

1. Explain how a small action can affect another person.
2. Identify examples of kindness in the story and classroom.
3. Describe how the speck changes throughout the story.
4. Recognize that people have different kinds of strengths.
5. Share one way they can send good energy into their community.

Helpful Vocabulary

Gravity: A force that pulls objects toward one another.

Speck: A very tiny piece or spot.

Kindness: Choosing words or actions that help others feel cared for.

Strength: The ability to keep trying, help others, or make a positive choice.

Transform: To grow or change into something different.

Universe: Everything in space, including stars, planets, galaxies, and us.

Before You Read

Invite students to think about this question:

“Can something very small make a very big difference?”

Allow students to share examples such as:

- A smile
- A kind word
- Sharing a toy
- Helping someone
- Inviting a person to play
- Saying thank you

Tell students to watch for the ways the tiny speck changes the universe around it.

PAGE 3

READ-ALoud DISCUSSION GUIDE

These prompts may be used before, during, or after reading.

Before Reading

1. What do you notice about the book’s cover?
2. What do you think a “black hole of good” might be?
3. What are some things you already know about space?
4. What does kindness feel like?
5. Can someone be strong without being loud?

During Reading

Pause at meaningful moments and ask:

When the speck feels different:

- How do you think the speck feels?
- Have you ever felt different from the people around you?
- Can being different become a strength?

When the speck begins to change:

- What is happening to the speck?
- Is every kind of growth easy to see?
- What might the speck be learning about itself?

When the speck shares its good energy:

- How does the speck affect the universe around it?
- What happens when kindness is shared?
- Can one kind action lead to another?

After Reading

1. How did the speck change from the beginning to the end?
2. What made the speck powerful?
3. Why did the speck matter even when it was tiny?
4. What does “good energy” mean in the story?
5. How can kindness have a pull, like gravity?
6. Which part of the story made you feel hopeful?
7. What is one kind action you could take today?
8. How can our classroom become a “black hole of good”?

Teacher Reflection Prompt

Help students connect the story’s message to their own strengths.

Say:

“Some people shine brightly. Some people listen carefully. Some people help quietly. Some people bring others together. Every kind of goodness matters.”

Invite each student to complete this sentence:

“One kind of goodness I carry is...”

Students may answer aloud, draw their response, or write a short sentence.

PAGE 4

CLASSROOM ACTIVITY

GOOD ENERGY HAS GRAVITY

Objective

Students will explore how one kind action can positively affect many people.

Materials

- Paper or printed activity sheets
- Pencils, crayons, or markers
- A board, chart, or large sheet of paper
- Optional star-shaped notes or stickers

Part One: Create the Center

Ask each student to draw a circle in the center of the page.

Inside the circle, students should draw themselves or write their names.

Explain:

“You are at the center of your page because your choices can affect the world around you.”

Part Two: Add a Kind Action

Ask students to think of one kind action they can take.

Examples include:

- Invite someone to play
- Help clean the classroom
- Listen when someone is speaking
- Share supplies
- Encourage a classmate
- Thank a teacher or helper
- Sit with someone who feels alone

Students should write or draw the action near their center circle.

Part Three: Follow the Pull

Students draw lines moving outward from their action.

At the end of each line, they draw or write who might be affected.

For example:

I invite someone to play.

That person feels included.

They become more confident.

They invite another person to join.

The playground becomes kinder.

Explain that kindness can travel from person to person, just as gravity can influence objects around it.

Part Four: Build a Classroom Galaxy

Create a shared display titled:

OUR CLASSROOM IS A BLACK HOLE OF GOOD

Each student adds a star, planet, or small circle showing one kind action.

Place the pieces close together to create a classroom galaxy.

Closing Conversation

Ask:

- What happens when many people choose kindness?
- Which actions help people feel that they belong?
- How can we keep our classroom galaxy growing?

Adaptations

For Younger Students

Allow children to draw instead of write. Help each child name one kind action aloud.

For Older Students

Ask students to describe a chain reaction involving at least three people.

Example:

"I helped Jordan understand the assignment. Jordan felt more confident and helped Maya. Maya finished her work and encouraged someone else."

Quick Assessment

Invite students to complete the sentence:

"My good energy has gravity when I..."

PAGE 5

A LITTLE SCIENCE BEHIND THE STORY

Black holes are among the most fascinating objects in space.

They have very strong gravity, which means they pull things toward them.

Around some black holes, there can be a glowing, spinning ring of dust and gas. This ring is called an **accretion disk**.

Some black holes can also send powerful streams of particles and energy into space. Scientists call these **jets** or **particle jets**.

In this story, Speck's bright particle jets become a symbol of kindness and good energy being sent back into the universe.

That part is imaginative, but it is inspired by something real and wonderful in space.

Science and Storytelling

Help students understand the difference between scientific facts and creative symbolism.

Science tells us:

- Black holes have extremely strong gravity.
- Some black holes are surrounded by glowing material.
- Powerful jets can form near certain black holes.

- Scientists study black holes using telescopes and other instruments.

The story imagines:

- A tiny speck with feelings and choices.
- Goodness behaving like a form of gravity.
- Kind actions becoming bright energy.
- A black hole helping the universe through kindness.

Explain that authors often use real science as inspiration for imaginative stories.

Extension Activities

Science: Gravity in Action

Drop two safe classroom objects and observe how gravity pulls both objects toward the floor.

Ask:

“What kinds of things does Earth’s gravity pull toward it?”

Literacy: A Small Action, a Big Change

Ask students to write or dictate a short story beginning with:

“One tiny act of kindness changed everything when...”

Art: Design Your Good-Energy Galaxy

Students create a space scene showing stars, planets, colors, and kindness traveling through the universe.

Social-Emotional Learning: Quiet Strength

Discuss strengths that may not always be easy to see.

Examples include:

- Listening
- Patience
- Courage
- Honesty
- Curiosity
- Compassion
- Helping quietly

Classroom Challenge

Choose one kind action for the class to practice for an entire week.

At the end of each day, discuss where students noticed its positive pull.

Final Reflection

Gather students together and say:

“The tiniest speck can create a meaningful change. Your words, choices, and kindness matter in the universe we share.”

Invite the class to repeat:

My kindness matters.

My choices have power.

My good energy has gravity.

ABOUT THE LITTLE QUANTUM UNIVERSE

The Little Quantum Universe introduces young readers to big scientific ideas through imagination, empathy, and meaningful storytelling.

Each adventure encourages children to stay curious, recognize their inner strength, and understand that even the smallest person can help shape a kinder universe.

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Published by ChaseEnergy Kids Press